

Calgary Elite Synchro 2022/2023 Schedule

	Seton	Quarry Park	MNP	
U10	Monday 5-7pm	Wednesday Quarry Park 7-830pm		
11-12	Monday 5-7 pm	Wednesday Quarry Park 7-830pm	Friday 400-630	
			Sunday 1200-300	
13-15	Tuesday 700-900	Thursday 7-900	Friday 400-630	
			Sunday 100-400	
Novice	Monday 5-7 pm	Wednesday Quarry Park 7-900pm		
Pre Comp	Tuesday 700-830		Sunday 1-230pm	
	Extras on Monday night at Seton			
	Friday 300pm at MNP			
	Sunday 3-600pm			

U10		
11-12		
13-15		
Novice		
Pre Comp		